



10K/5K Run/walk

Saturday October 22, 2011

Please join us for The Georgia Urology Fast Pace Race to support prostate cancer awareness and education.

Time: 10K/5K starts at 8:00 AM
Race Day Registration at 6:30AM.

Place: Cumming Fair grounds
235 Castleberry Road Cumming, GA 30040

10k is a USATF certified Peachtree road race qualifier. Both 5k and 10k have over all elevation drops to make for fast, fun point to point courses.

All finishers will receive advanced technical fiber t-shirts. Women's cut shirts offered for early registrations

Awards for 1st, 2nd & 3rd place in each 5-year age groups for both 5k and 10k. Plus overall Male/Female and Masters groups.

Come Meet Roy Benson and get a taste of Coachy Wisdow.. Roy will Run the race and present awards.

SIGN UP: Online: www.active.com (through Oct. 20, 2011) In person at Totally Running 405 Peachtree Pkwy #105 Cumming, GA 30041

By Mail: Fast Pace Race
2380 Old Atlanta Rd. Cumming, GA 30041
(Must be post marked by Saturday Oct. 14th.)

Early package pick up at Cumming Fair grounds on Friday Oct. 21st Noon-7 pm
Race day package pick up opens at 6:30 am.

Registration Fees: pre-registration 5K \$20.00 (through Sept. 24th afterward \$22.00). Race day \$30.00

10 K pre-registration \$ 22.00 (through Sept. 24th afterward \$25.00). Race day \$30.00

Buses available for 1-mile trip to start line boarding at 7:10 from Fair grounds. All Parking at Cumming Fair grounds.

Registration Information and Wavier

First Name: _____ Last Name: _____

Street Address: _____ City/State: _____ Zip: _____

Age: _____ Sex: (circle) **M** **F** Shirt Size: Women's cut: (S) (M) (L) Men's: (S) (M) (L) (XL)

Race 10K _____ 5K _____ email: _____ Checks payable to Fast Pace Race

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors, club members, volunteers, City of Cumming, Forsyth county, and any others associated with the 2010 fast pace race for illness, accident or injury which may result directly or indirectly from my participation. I assume all risk associated with participation in this event. I further state that I am in proper physical condition to participate in this event. I also give permission for use of my name and photo for any pubic account of this event without compensation. No refunds. Race director reserves the right to limit participation.

Signature: _____ Date: _____ Guardian signature: _____
If participant is under 18 years old